Our challenge:

40% of cancer cases could be PREVENTED

That's 147,000 PEOPLE EVERY YEAR who develop a PREVENTABLE CANCER IN THE UK

2 in 3 PEOPLE diagnosed with cancer tell us they don't receive any nutrition or physical activity support

Globally, new cancer cases are predicted TO INCREASE BY OVER 60% IN THE NEXT 20 YEARS, to 29.4M cases a year by 2040

1 in 2 of us will be DIAGNOSED WITH CANCER in our lifetime

What we achieved:

19 research grants were awarded, totalling £4.4million*

26,869 Health Information resources ordered or downloaded (including health guides, recipe books and posters)

2,045 health professionals signed up to one of our specialist webinar and e-Learning courses

303 patients, carers and family members attended one of our tailored cookery classes or support groups

15,962 donors (individuals, companies, trusts) supported us during the year, helping to raise £10.8million*

5,732 calls to our supporter services line

*The above figures may be updated once our Trustees’ Report and financial statements have been approved

1 in 2 of us will be diagnosed with cancer in our lifetime

Globally, new cancer cases are predicted to increase by over 60% in the next 20 years, to 29.4M cases a year by 2040

That's 147,000 people every year who develop a preventable cancer in the UK

2 in 3 people diagnosed with cancer tell us they don't receive any nutrition or physical activity support

40% of cancer cases could be prevented

303 patients, carers and family members attended one of our tailored cookery classes or support groups

15,962 donors (individuals, companies, trusts) supported us during the year, helping to raise £10.8million*