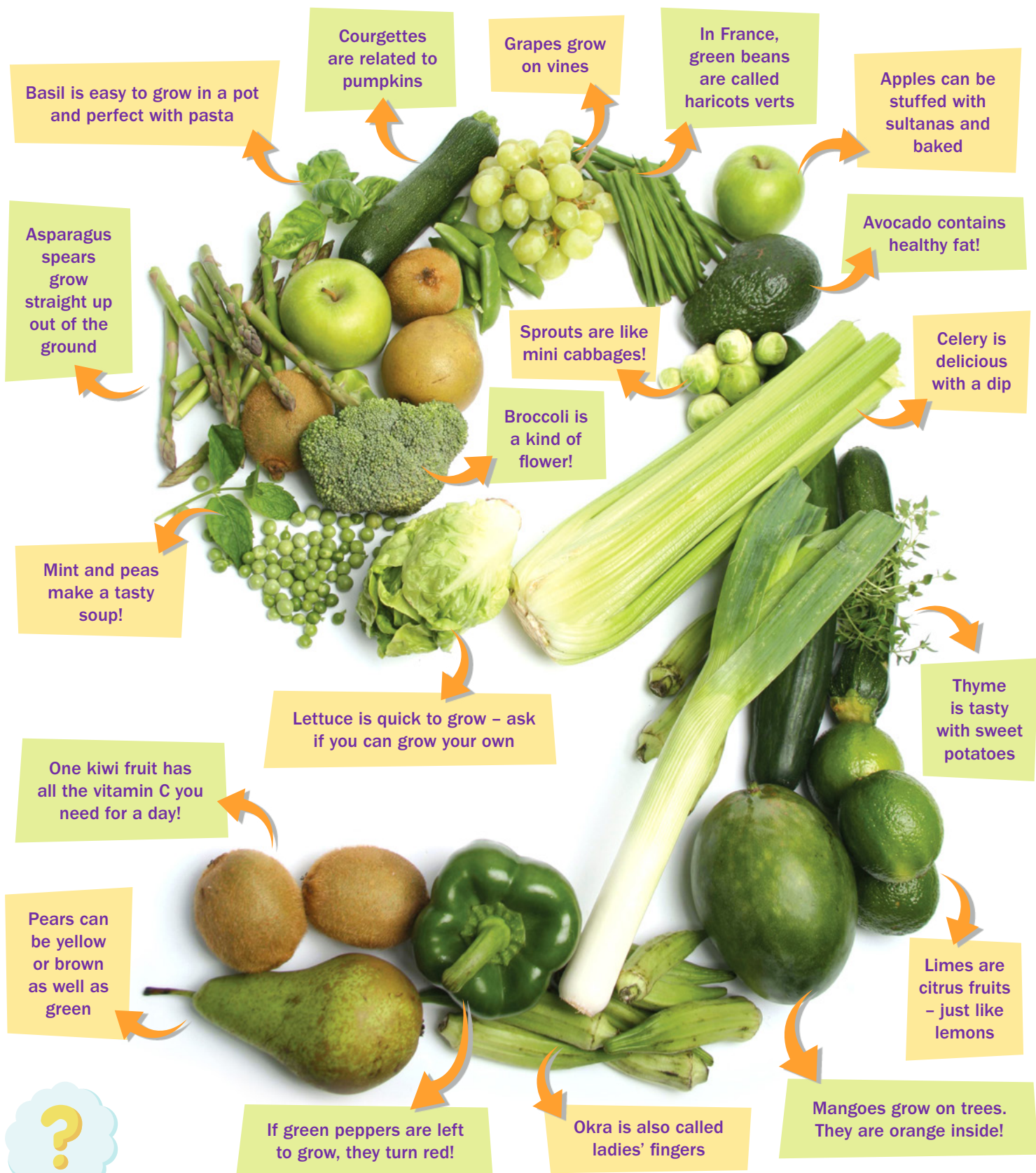




# GREEN PLANT FOODS

## LEARN WITH SEARCHER



Basil is easy to grow in a pot and perfect with pasta

Courgettes are related to pumpkins

Grapes grow on vines

In France, green beans are called haricots verts

Apples can be stuffed with sultanas and baked

Asparagus spears grow straight up out of the ground

Avocado contains healthy fat!

Sprouts are like mini cabbages!

Celery is delicious with a dip

Broccoli is a kind of flower!

Mint and peas make a tasty soup!

Thyme is tasty with sweet potatoes

Lettuce is quick to grow – ask if you can grow your own

One kiwi fruit has all the vitamin C you need for a day!

Pears can be yellow or brown as well as green

Limes are citrus fruits – just like lemons

If green peppers are left to grow, they turn red!

Okra is also called ladies' fingers

Mangoes grow on trees. They are orange inside!



Can you think of any green plant foods that aren't on this page?