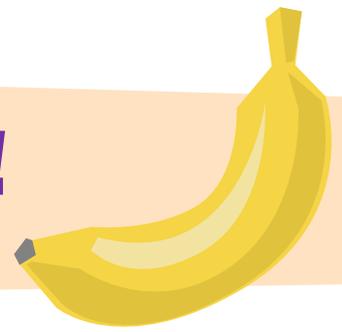




LET'S GO BANANAS!

QUIZ WITH SEARCHER



1



Where did bananas first come from?

- a) England
- b) Malaysia
- c) the Caribbean

2



How do peaches grow?

- a) In the ground
- b) On trees
- c) On vines

3



How long do potatoes take to grow?

- a) 2–8 weeks
- b) 12–20 weeks
- c) 22–30 weeks

4



What is a tomato?

- a) A fruit
- b) A vegetable
- c) A herb

5



What is this fruit?

- a) Papaya
- b) Lychee
- c) Rambutan

6



What do peas contain lots of?

- a) Fat
- b) Protein
- c) Sugar

7



Kiwis contain lots of vitamins – which does it have most of?

- a) Vitamin A
- b) Vitamin B
- c) Vitamin C

8



Raisins are dried...?

- a) Grapes
- b) Apples
- c) Figs

9



Watermelon is made up of 90% of what?

- a) Seeds
- b) Sugar
- c) Water

10



In the past herbs were used as medicines. What was mint supposed to be good for?

- a) Headaches
- b) Stomach upsets
- c) Dizziness

Answers on the next page!

LET'S GO BANANAS! QUIZ ANSWERS



How did you do?

1



B
Bananas first grew in the Malaysian jungle. Now they grow in tropical places around the world, like South America and the Caribbean.

2



B
Peaches grow on trees in dry, sunny countries.

3



B
Potatoes take around 12–20 weeks to grow. You can grow potatoes in a bucket. [Find out how here!](#)

4



A
A tomato is a fruit. But it's often used in savoury dishes.

5



C
It is a rambutan. Rambutans grow in south-east Asia. You peel off the skin and eat the juicy fruit inside.

6



B
Peas are high in protein, a nutrient that is good for your body's growth and repair.

7



C
Kiwis are high in vitamin C. One kiwi fruit contains all the vitamin C you need for a whole day. Vitamin C helps your body fight infections.

8



A
Raisins are dried grapes.

9



C
About 90% of watermelon is water!

10



B
Mint was thought to help settle stomach upsets. Some people still eat a mint after dinner, or enjoy a cup of peppermint tea to help their digestion. [Find out about other handy herbs!](#)

Discover even more in our [A–Z of fruit and vegetables](#)

EAT MOVE LEARN

wcrf-uk.org/eat-move-learn