



# My Super Salad

The ingredients in my super salad were:



wholegrain	bean	other ingredients	sprinkling
<input type="checkbox"/> bulgar wheat <input type="checkbox"/> brown rice <input type="checkbox"/> wholewheat pasta	<input type="checkbox"/> brown lentils <input type="checkbox"/> red kidney beans <input type="checkbox"/> edame (green soya) <input type="checkbox"/> beans <input type="checkbox"/> chickpeas <input type="checkbox"/> black-eye beans <input type="checkbox"/> broad beans <input type="checkbox"/> butter beans <input type="checkbox"/> runner beans	<input type="checkbox"/> sprouting seeds <input type="checkbox"/> tomato <input type="checkbox"/> salad leaves <input type="checkbox"/> cucumber <input type="checkbox"/> watercress <input type="checkbox"/> salad onions <input type="checkbox"/> celery <input type="checkbox"/> beetroot <input type="checkbox"/> carrot	<input type="checkbox"/> sunflower seeds <input type="checkbox"/> pumpkin seeds <input type="checkbox"/> cashew nuts <input type="checkbox"/> almonds



This is what my salad looked like:

My favourite ingredient was (explain why): \_\_\_\_\_

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My salad tasted: \_\_\_\_\_

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